

2024 US Masters Cup Taekwondo Championships

Designated Poomsae Selection

SPORT POOMSAE

INDIVIDUAL - COLOR BELTS (ALL AGES) - Modified Cut Off System

	YELLOW	GREEN	BLUE	RED (Red/Black)
Preliminary Round	Taegeuk 2	Taegeuk 3		Taegeuk 6
Final Round	Taegeuk 1	Taegeuk 5		Taegeuk 8

Modified Cut Off System:

1. Final round for the top eight from the preliminary round (no semifinal round)
2. Any division with less than 9 competitors advances straight to Final round

INDIVIDUAL - BLACK BELT DIVISIONS (Male / Female) - Cut Off System

UNDER 40	UNDER 50	UNDER 60	OVER 61
33-40	41-50	51-60	61+
PRELIMINARIES	PRELIMINARIES	PRELIMINARIES	PRELIMINARIES
Taegeuk 7	Taegeuk 8	Jitae	Shipjin
Semi Finals	Semi Finals	Semi Finals	Semi Finals
Taegeuk 6	Pyongwon	Keumgang	Koryo
FINALS	FINALS	FINALS	FINALS
Taegeuk 8	Koryo	Shipjin	Jitae
Keumgang	Taebaek	Hansu	Chongkwon

PAIRS (co-ed) - BLACK BELT - Cut Off System

OPEN
33+
PRELIMINARIES
Shipjin
Semi Finals
Keumgang
FINALS
Taebaek
Pyongwon

Cut Off System:

1. Any division with 20+ competitors begins in the Preliminary round
2. Any division with 9 - 19 competitors advances to Semi Final round
3. Any division with less than 9 competitors advances straight to Final round

POOMSAE - TAG TEAM

US MASTERS CUP ULTRA POOMSAE - TAG TEAM			
Three (3) Competitors of Mixed Gender			
Three (3) Rounds, Highest Combined Score Wins the Match			
AGE DIVISIONS	BELT	RANK	COMPETITION TYPE
OPEN: 33+	BLACK	1st - 9th	Single Elimination
COMPULSORY POOMSAE			
Taegeuk 6 Jang, Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin			

Each team will designate a Player 1, 2, and 3 at start of match. Thereafter, poomsae will be drawn ringside for 1, 2, & 3 Players. Player 1's will perform poomsae 1, Player 2's perform poomsae 2, etc. Highest combined score wins the match becoming Poomsae Tag Team Champions.

Tie Breaker:

- Highest combined "Presentation" score wins.

2nd Tie Break:

- Team to select one player to compete one randomly selected poomsae from Compulsory list.
- Whoever earns higher score wins.